

President's Perspective

According to the Farmer's Almanac, we are to have a "chilly winter, with lots of snow". Hey, haven't we heard this before...? Well, it could happen! All of us snow lovers can only hope... once again. And look how last year was, there was enough snow for a long time, we actually were able to ski a number of times in our area of Illinois!

What are your personal - recreational goals...? Regarding X-C Ski goals, it's never too late to think about it and maybe stretch your comfort zone for this winter.

It could be anything from... x-c skiing for the first time ever, (hey, it's never too late to learn a new activity and the Nordic Foxes can help!)... to maybe get out and ski with the club somewhere new for you this year... to negotiating hills better, or going a further distance than what you've tried before (with friends of course), to fine tuning your technique, or racing your personal best, maybe try skate skiing (or get better at it) this year, or try ski racing. The options are endless and I hope you will be inspired to think about winter, having fun with the club and your x-c ski goals— even if we still feel a bit far away from snow and the ski trails.

We've been blessed this fall with beautiful weather, perfect for biking, hikes, rollerskiing, or whatever it is you like to do outdoors. Hope you've had time to enjoy some of it. Be sure to check out the calendar of events in this issue, and go have some fun.

Happy Trails,
Kathy Siegrist